

**Valley Drive Approved Snack List
(Peanut and Tree Nut Free Snacks)**

- Applesauce
- Back to Nature Classic Rounds
- Bagels -- plain--any brand. Hint: try pizza bagels. Use plain pizza sauce and sprinkle on some cheese.
- Bagel Bites, Three Cheese Mini Bagels from Ore-Ida
- Barnum Animal Crackers
- Bread-- Homemade, or store-bought such as Great Harvest Breads (no NUTS) - Apple Scapple, Cheddar Garlic, Pumpkin Spice, Oat Bran Flax Seed, Spinach Feta, Cinnamon Chip, Sour Dough, Oatmeal Poppy Seed, Focaccia, Challah, 9 Grain Whole Wheat, Rye, Asiago Pesto, Banana, Dakota Whole Wheat, Cinnamon Swirl, Spinach Tomato, Premium White and Honey Whole Wheat.
- Butter
- Canned fruit
- Cheese--Sliced or cubed - any brand
- Cherrybrook Kitchen mixes for cake, cookies and icing
- Fruit - any kind. Hint: frozen fruit is a special treat - try freezing a banana rolled in yogurt with a popsicle stick and it's like a frozen treat.
- Genoa Salame Daniele
- Health Valley Oat Bran Graham Crackers
- Honey
- Hummus and Pita Bread
- Jell-O
- Jell-O Vanilla/Chocolate Pudding
- Jiffy Corn Muffin Mix
- Keebler Snack Sticks – all varieties
- Keebler Vanilla Wafers
- Kraft Cheese Nips
- Kraft Handi Snacks Cheez and Breadsticks
- Kraft Handi Snacks Cheez and Crackers
- Kraft Townhouse Wheat Crackers
- Keebler Club Crackers
- Keebler Grahams (All Varieties)
- Kelloggs Nutrigrain Bars and Minis
- Kellogg's All-Bran Crackers
- Lundberg Rice Cakes
- Masuya Rice Sembei Snacks
- Muffins--Home-made banana, apple, blueberry, pumpkin bread or muffins (no NUTS), (no Almond Extract can be used in any baking).
- Nabisco Better Cheddar Crackers
- Nabisco Cheese Nips
- Nabisco Honey Made Graham Crackers
- Nabisco Newtons (all varieties)
- Nabisco Premium Saltines
- Nabisco Oyster Crackers
- Nabisco Ritz Crackers Original, Whole Wheat, Roasted Vegetable, Honey Butter, Low Sodium
- Nabisco Teddy Grahams Box or Bag - any variety
- Nabisco Triscuit Original or Low Sodium
- Nabisco Wheat Thins and Wheat Thins Toasted Chips

- Nabisco Wheatworth
- New Morning Honey Grahams
- Ocean Spray Dried Cranberries (4's class only)
- Pasta - Plain - any brand. Hint: Make pasta salad with fresh veggies mixed in. Filled pasta such as ravioli sometimes may have pine nuts mixed with the filling.
- Popcorn - 4s only
- Pepperidge Farm Goldfish or Goldfish Grahams
- Pillsbury, etc. bread sticks, biscuits, etc.
- Quaker Fruits and Oatmeal Bars
- Raisins - 4s only
- Ranch Dip - any brand
- Real Foods Corn Thins
- Safeway Graham Crackers
- Safeway Quakums Cheddar Original
- Safeway Saltines
- Safeway Select Fig or Fruit bars
- Safeway Woven Wheats
- Shultz Mini Pretzels
- Stacy's Pita Chips
- Sunshine Cheez It Original or Whole Grain
- Sunshine Krispy Mild Cheddar Crackers
- Tortillas - any flour or corn brand. Hint: Try melting cheese inside and dip it in mild salsa
- Utz Pretzels
- Vegetables - any kind. Need to be sliced.
- Yogurt or Gogurt - any brand

Birthday Celebration Approved Treat List

It is always fun for our kids when we celebrate their birthdays in class. To that end, feel free to bring in a special treat that will be in addition to the healthy snack the kids will be eating. Below are the approved cake mixes:

- Betty Crocker Yellow, White and Chocolate Cake Mixes and Frostings
- Pillsbury Yellow, White and Chocolate Cake Mixes and Frostings
- Duncan Hines Yellow, White and Chocolate Cake Mixes (**no** Duncan Hines frostings)

All processed food items must remain in their original packaging and unopened until snack time. Packages that have been previously opened will not be allowed.

Valley Drive can only guarantee that foods on the approved snack list are nut-free. Other allergens need to be indicated on the child's placemat so the co-oper will know not to provide the item(s) to the child. All children with medically documented allergies are allowed, but not required, to bring their own snack each day.

If there are items that you would like to bring for snack that are not on this list, please write the name of the item on the list **at the top of the stairs**. The Director will review all new requests weekly and add them to the posted list as well as to the list on this page. Thank you in advance for helping to keep all of our children healthy and safe!